

## ONSAP 2013 Conference Presenter's Biography

**Marion Balla M.Ed., M.S.W., R.S.W.**, is the founder and President of The Adlerian Counselling and Consulting Group, Inc. in Ottawa, Ontario, Canada where she offers individual, couple and family therapy. She has supervised clinicians for over 35 years and teaches theory and practice nationally and internationally. Marion has presented a variety of workshops for employees in the mental health and social services fields for government departments. In 2001, Marion was given the distinguished honour of delivering the Heinz Ansbacher Memorial Lecture to the North American Society of Adlerian Psychology. She is the first woman and the first Canadian to have been chosen for this presentation which highlights her international presence in the practice of Adlerian Psychology and her recognition as a clinician, educator and leader in mental health.

**James Robert Bitter, Ed.D.**, is Professor of Counseling at East Tennessee State University. He is a Diplomate in Adlerian Psychology (NASAP, 2002), and the former Editor of the Journal of Individual Psychology. Together with Drs. Oscar Christensen, Clair Hawes, and Bill Nicoll, he is part of the founding faculty of the Adlerian Training Institute in Port St. Lucie, Florida.

**Linda Burdett, M.A.**, is a therapist working in private practice in Georgetown and Mississauga. She works with individuals, couples and families. She has a Masters Degree in Counselling Psychology from the Adler School of Professional Psychology. She is a Member of OACCPP. Linda works regularly with teens and their parents. She promotes Adlerian parenting principles and the importance of a strong sense of connection between parent and teen. She is a former Board Member of the Learning Disability Association of North Peel, where she provided parenting workshops, including "Encouraging Your LD Child". Linda is married and the mother of two sons, one in university and one in grade 12.

**Catherine Ciardulli, RECE**, is the Curriculum Coordinator of North Toronto Early Years Learning Centre, an Adlerian 4 C's nursery school. She teaches Emergent Balanced Literacy Programming to Pre-K and an Enriched Reading and Writing Program to JK/SK students. Her programs offer a balanced approach, respecting not only the way that children need to be taught, but how to foster strength based learning so that every child has the opportunity to learn in a way that makes sense to them. For the past ten years she has been teaching/instilling positive discipline in the classrooms to children and teachers, in addition to coaching parents on positive discipline at home. Catherine's workshops can be heard around the GTA at a variety of conferences and libraries and on-site at childcare centres. Her workshops focus on Balanced Literacy for Pre-k, How to teach JK/SK to read and write, Individualizing Program Plans, Identifying Learning Needs and Positive Discipline in the Classroom. Catherine is also a course director at Mothercraft College where she teaches the evening Observation and Assessment, Law and Administration, and Curriculum Program Plan 3 classes.

**Adriana Cupsa, M.A.**, was born and raised in the North of Romania, in Transylvania, where I completed most of my education. Adriana attended “Babes Bolyai” University in Cluj, Romania where she obtained a Bachelors in Philosophy and Psychology and a Masters in Philosophy of Human Being. During those years she learned about Alfred Adler and about his great contribution in psychology as a science. Adriana worked for almost 14 years in the educational system, supporting children with special needs and teaching social sciences such as Sociology, Medical and Commercial Psychology as well as Cultural Anthropology to college students. During those years she created and applied visual methods to support children with autism, low IQ, hearing impairment, in wheel chairs, with neurological deficiencies to learn to communicate using images. In 2001 Adriana obtained her Masters in Public Policies from Bucharest University with specialization in Counselling. The subject of her final thesis was the “Inclusive education”. In order to update her professional skills according to Canadian standards, she followed a Bridging Program for Internationally trained psychologists and obtained a Professional Certificate in Mental Health, supported by Mennonite New Life Toronto. Since 2013, Adriana has been working as a counsellor in private practice under supervision at Dalton Associates.



**Doone Estey, BA, MA**, is a Principal at Parenting Network Inc. and a Certified Adlerian Parent Educator. An authoritative speaker on parenting issues for 10 years, Doone inspires parents with children of all ages, helping them to raise great kids. She can turn families around effectively in no time, giving them tools to deal with everything from Power Struggles and Sibling Rivalry to Curfew and Disrespectful Teens. As coach, facilitator and mother of 4, Doone motivates parents to be their best, using a relaxed, no nonsense style of communicating that resonates immediately.

**Sandra Finkelman, M.A.**, is a psychotherapist and consultant in private practice in Toronto. She has been facilitating growth for individuals, couples, families, and groups for over 30 years. Her experiential approach is grounded in a solid foundation of training and experience in the fields of psychology, human development, and the expressive arts. She also offers workshops and training programs on a variety of topics related to interpersonal communication and relationships, personal growth, and professional development. She trained intensively with Virginia Satir and delights in sharing the genius of this pioneering master therapist.

**Louise Giroux, Ph.D.**, practices counselling and therapy in Sudbury under the supervision of a Registered member of the College of Psychologists of Ontario. Louise Giroux has an MA in Counselling Psychology from the Adler School of Professional Psychology and a Doctorate in Counselling Psychology from the International University for Professional Studies. She is an active member of OACCPP and AAMFT. Louise has practiced for over 30 years in various settings. She has worked as director of a number of counselling institutions and has worked as Dean of Students at the Adler School in Toronto and is a current faculty member. Her areas of interest and expertise include couples and individual adults. Louise is an international speaker and a published author who lectures for international cruise lines. She practices Adlerian psychotherapy and sex therapy.

**Rob Guttenberg, M.A.**, is a Diplomate, North American Society of Adlerian Psychology, Licensed Clinical Professional Counselor (LCPC), M.A. Counseling Psychology, Director of Parenting Education/Youth and Family Counsellor at YMCA Youth and Family Services, Silver Spring, Maryland. Rob Guttenberg has actively applied Adlerian Psychology in his life for over thirty years. In 1981, 1998 and 1999 he taught on the faculty of ICASSI (International Committee of Adlerian Summer Schools and Institutes). He is the Vice-President of the Mid-Atlantic Adlerian Psychology Society (MAPS), and is the author of 'The Parent as Cheerleader' and 'Funtastic Adlerian Techniques for Change'. Rob is a workshop presenter and trainer and a performing songwriter who has recorded three collections of his original folk songs: 'Living Every Day', 'When Love Comes Rushing In', and 'FDR in a Wheelchair'. In 1999, he was honored by the American Music Therapy Association as a 'Friend of Music Therapy'.

**Martin Nash, B.A., M.D.**, graduated with a degree in medicine from the University of Toronto and practiced family medicine for 20 years. He soon realized his great passion for counselling and helping his patients in their close relationships. After taking further training in Adlerian Psychology, he restricted his practice to individual, marriage and family therapy for the next 25 years. Dr. Nash has presented at the North American Society of Adlerian Psychology (NASAP) conference in 1984 and 1997 on the topics of "Attitude and Behaviour in Family Counselling" and "How We Unknowingly Hurt Our Children". Dr. Nash is now semi-retired from practice and enjoys time teaching about relationships, writing, and furthering his study of human nature. He and his wife, Georgine, have been married for 51 years, and they do workshops together focusing on Dynamic Life Partnerships and see couples for marriage consultation. They have three married sons, and 6 beautiful grandchildren!

**John Newbauer, Ed.D.** Dr. Newbauer is the Executive Director of the North American Society of Adlerian Psychology (NASAP) and also the Administrator of the International Committee on Adlerian Summer Schools and Institutes (ICASSI). Prior to 2011 when he assumed responsibilities with NASAP, he was the Director of Treatment and Diagnostic Services for the Allen County Juvenile Center and was a core faculty member of the Adler School of Professional Psychology in Chicago for 18 years. Dr. Newbauer founded Phoenix Associates Inc. in Fort Wayne, Indiana in 1981 with Bill Blanks. Phoenix Associates is still operating. Dr. Newbauer helped develop and supervise the treatment program for sexual offending adolescents and adults from 1992 until he left Phoenix Associates in 2004. He has served as a consulting psychologist to the Department of Corrections, the Fort Wayne Vet Center, and the Family Care Network in Oaklawn, Illinois. He currently is a consultant at Cedarbridge Youth Center in Muncie and provides consultation to several private practitioners in the Fort Wayne area. Dr. Newbauer is a Fellow of the American College of Forensic Examiners and holds diplomates from the North American Society of Adlerian Psychology, the American Board of Forensic Examiners and the American College of Psychological Specialties. He has publications in the area of working with sexual offenders and victims and also on spirituality and mental health. In addition to his work as a psychologist, Dr. Newbauer is also an Orthodox priest and co-pastor of St. Mary Magdala Spiritual Center in Fort Wayne.

**Linda Page, Ph.D.**, has been committed to Adlerian psychology since becoming a Parent Study Group Leader and entering the Master of Arts in Counseling Psychology program at Adler Chicago's Toronto site in 1978. With a Ph.D. from Princeton and a history of educational innovation, she seeks to connect effective Adlerian practice with proven scientific principles of human thinking, feeling, behaving, and changing. She is President and Founder of Adler Graduate Professional School, offering a Master of Psychology degree and postgraduate certificates in Adlerian Integrative Psychotherapy and Adler Trauma Psychotherapy. Linda co-authored *Coaching with the Brain in Mind: Foundations for Practice* (Wiley, 2009) with David Rock and speaks internationally on applications of neuroscience, systems, and Adlerian thinking.

**Susan Prosser, R.N., B.Sc.N, M.A.**, is a Senior Associate at the Adlerian Counselling and Consulting Group in Ottawa where she has a busy psychotherapy practice working with individuals, couples and families. She is also on the faculty at the Adler Graduate Professional School where she is teaching courses in the Psychotherapy Certificate Program. Susan's main passion is relationships - both in her practice and in her personal life where she is the mother of two grown daughters, two granddaughters and another grandchild on the way.

**Sohel Shivji** is a student completing his Master of Psychology in Clinical Psychology at Adler Graduate School in Toronto, Ontario concurrently with a certificate in Psychometric Assessments, and is a PhD candidate at the University of Calgary. Sohel received his Bachelor of Science degree in Life Science and Bachelor of Arts degree in Psychology at McMaster University. Sohel has mental health experience working with autistic children in Airdrie, Alberta, and is part of a volunteering stress management team with the Aga Khan Health and Education Board for Ontario. Sohel is beginning his research with the Stress Trauma Anxiety Rehabilitation Clinic (S.T.A.R.T. Clinic) and completing his practicum at McMaster University's Student Wellness Centre. Sohel is also a student member of the Ontario Psychological Association (OPA)."