



# ONTARIO SOCIETY OF ADLERIAN PSYCHOLOGY

5th Annual Conference

## The Power of Diversity: Harnessing and Celebrating Unity

October 16, 17 and 18, 2015

Holland Bloorview Kids Rehabilitation Hospital ~ Toronto, Ontario

### KEYNOTE SPEAKER FOR THE WEEKEND

Dr. Wes Wingett has been a counsellor in private practice in Norfolk, NE since 1978. He had been employed as a counsellor in a mental health center, a university program development specialist, elementary school administrator and a junior high and secondary school counsellor and teacher. Dr. Wingett received his bachelor's degree from Wayne State College, Wayne, Nebraska and his masters and doctorate in guidance and counsellor education from the University of Wyoming. Dr. Wingett's private practice focuses on providing individual, couple, and family counselling; consultation to educational institutions and business enterprises; and presenting Adlerian training in variety of venues. Dr. Winged has conducted workshops based on the Individual Psychology of Alfred Adler across the United States, Puerto Rico, Canada and several countries in Europe including Germany, Hungary, Malta, the Netherlands, Ireland, Romania, Turkey and in Asia. Dr. Wingett has been named a Diplomat in Adlerian Psychology by the North American Society of Adlerian Psychology. He has co-authored several articles that have been published in professional journals, several chapters in books, and self-published five workbooks focusing on the application of Adlerian psychology to various challenges of living.



**Online Registration Opens July 30, 2015**

**JOIN US AT THE 2015 ONSAP  
CONFERENCE**

This conference is for anyone who wants to embrace diversity, psychotherapists, marriage and family therapists, psychologists, counsellors, social workers, students, educators, child and youth counsellors, child care workers, parent educators, parents, couples, families, teachers, and anyone interested in the Adlerian Psychology of Alfred Adler.

**FRIDAY (5:00PM - 9:00PM)**

**Family Education Forum**

### The Strength of Diversity in Families

The six strengths of healthy families have been identified by social scientists. The evening will consist of a live-parenting demonstration with a couple from mixed cultural backgrounds to explore how these strengths can be useful and effective in addressing the differences with parenting children in diverse families or communities. This presentation will include a lecture and audience discussion and apply the theory and practice of Adlerian Psychology.

**SATURDAY (8:00AM - 4:00PM)**

**Keynote Address and Presentations**

### Fostering Community Feeling in a Diverse Society

A presentation and panel conversation to explore common universal human values that create the foundations of living in a dynamic culture of diversity. The panelists will represent diverse groups and speak to their unique experiences to help illuminate the underlying values and belief systems that enables us to connect and encourage social cooperation.

**SUNDAY (10:00AM - 4:30PM)**

**Full Day Workshop**

### Challenges in Diversity: Personal and Professional

Each of us brings our own biases and worldview into the therapy room. This workshop will explore the issues of working with individuals, families, couples and groups and how therapist's personal biases and prejudices can impact the therapeutic relationship. The presenter will interview volunteers from the audience and discuss the importance of developing personal and professional awareness and understanding to assist in creating a sense of empathy with clients from diverse backgrounds.

**Annual General Meeting  
Saturday, October 17th at 4:00PM**