

# Parents as Leaders – Bringing Business Concepts to Parenting

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# Long Term Goals for Children

- Independent
- Resilient
- Responsible
- Respectful
- Empathetic
- Problem Solver
- Kind
- Self-Confident



# Short Term Goals for Children

**Obedient, Compliant, Good Listener, Rule Follower**

Goals are contradictory. Children are programmed for Long Term Goals.



# Build Social Capital

- Top-down management is becoming obsolete
- So is Top-down parenting
- Good leaders are respectful of employees
- Good parents are respectful of children



# Time Management

- Schedules
- Routines
- Timers
- Lists
- Calendars



# Change Management

- Preview activities – the day before, in the morning
- Tell kids what to expect, have them restate plan
- Transitions – give 5 minutes heads up, get buy-in



# Family Meetings

- Time, Place, Agenda.
- Tone of respect
- Appreciations and Successes
- Family Branding
- Team Building



# Conflict Resolution

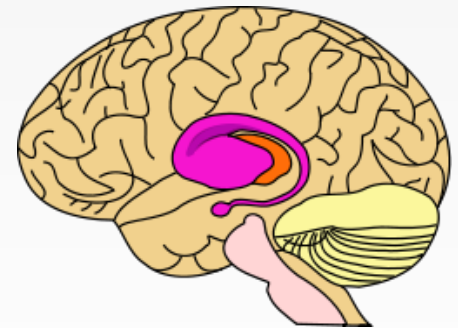
- Your side
- My side
- Brainstorm
- Negotiate
- Compromise
- Pick an idea
- Re-evaluate





# Create Internal Motivation

- **“~~Good job!~~”**
- Specific – “You tied your shoes”
- Contribution – “By yourself!”
- Why the job is good – “You are ready”
- Outcome – “You can run fast ”



# Anger Management

- We yell = children yell
- We yell = adult temper tantrum
  
- Managing emotions = modeling anger management.
- Count to ten, deep breathe, stretch, go in another room, take a walk, snap your fingers, make a plan.



# Soft on People, Hard on Problem

- Tell kids you love them, not their behavior.
- Create wellness culture
- PD – give kids opportunities to achieve
- Build self-esteem – tell kids their strengths.



Thank you very much.

