



6th Ontario Society of Adlerian Psychology Annual Conference

Call for Conference Proposals

Promoting Wellness and Mental Health

Holland Bloorview Kids Rehabilitation Hospital, Toronto, Ontario
October 14-16, 2015

The 2016 Ontario Society of Adlerian Psychology Annual Conference will bring together psychotherapists, marriage and family therapists, psychologists, parent educators, parents, families, couples, counsellors, social workers, child and youth workers, teachers, students and child care providers, who share an interest in Adlerian psychology's theory and practice. Adlerian psychology envisions understanding individuals within their social context and promotes encouragement, mutual respect, social interest, equality, being valued, holism and a sense of belonging.

It is a pleasure to invite submission for presentation proposals to the 6th ONSAP annual conference. Acceptable proposals may address theory, practice, education, training and increase awareness. All submitted proposals will be reviewed with the intent on creating a balance of topics. Proposals will be rated on how they relate to the conference title and integrates Adlerian theory and principles.

Presentation Sessions: A 75-minute focused session where presenters will typically offer attendees with practical experience to help them increase their knowledge, skills, attitude and understanding in a particular area that is of current interest.

A successful proposal will address aspects of the title for the 2016 conference, *Promoting Wellness and Mental Health*, or its primary objectives:

- **Expand** your knowledge, skills and attitudes in applying Adlerian theory to working with individuals with mental illness
- **Examine** the different dimensions of wellness
- **Build** awareness about the importance of promoting wellness and mental health in a variety of settings, i.e. home, schools, workplace
- **Learn** skills needed to support individuals with mental health challenges
- **Provide** ways of developing a sense of belonging, community feeling and encouragement to people we meet and work with each day
- **Promote** the knowledge, training, and teaching of Alfred Adler's Individual Psychology and honour his historical legacy and encourage Adlerian principles in daily living
- **Walk** away with practical Adlerian psychology tools, skills and strategies
- **Create** a supportive atmosphere with interpersonal connection for informal mentoring and networking opportunity
- **Meet** the continuing education needs of psychotherapists, counsellors, social workers, psychologists, marriage and family therapists, child and youth workers, educators, and child care workers

INSTRUCTIONS FOR SUBMITTING PROPOSALS

All conference proposals are being accepted via our [Online Submission Form](#).

The deadline for submitting a proposal is **May 18, 2016 (11:59PM)**.

[Click Here to Submit a Proposal](#)

Presentation Proposal Guidelines

1. *Title and Description of Presentation* (50 words maximum). This brief version will be used for the conference program book.
2. *Type of Presentation* (i.e. demonstration, lecture, experiential, seminar).
3. List the two main *educational/learning objectives* for the presentation: (1) Participants will learn ... and (2) Participants will learn ...
4. Presentations must be based upon or related to *Adlerian Psychology's principles and/or techniques*. List the specific *Adlerian concepts and techniques* to be addressed.
5. *Presentation Description* (250 words maximum). This longer version will be used for the conference material published on the ONSAP website.
6. List any *audio visual requirement*. Presenters are responsible for bringing their own laptop. If you have a MAC, please bring your own connector for MAC.
7. *Name, Credentials* (i.e. Ph.D., M.A.) and *Contact Information* (email, mailing address, telephone, organization - i.e. agency, university, private practice) for each presenter.
8. *Biography* (100 words maximum)
9. Attach a *Curriculum Vitae/Resume* for each presenter (if you are a new presenter). This needs to be a professional CV, not a biographical sketch or summary of a CV.
10. All presenters are required to register for the conference. This is consistent with the practice in national conferences, and it is an important way ONSAP funds its work and conference. Presenters must register by the early registration deadline. Failure to do so may result in automatic cancellation of your presentation.
11. Presenters are responsible for:
 - Providing handouts for a maximum of 30 participants
 - Submitting, in a timely manner, any change of information (i.e. name or presentation)
 - Providing an electronic copy of your presentation and/or the handout(s), no later than October 12, 2016. We require this to post on the ONSAP website within the week post-conference

Please note that we are a small organization and do not pay presenters.

Questions can be directed to Charmaine McIntosh by email (charmaine.onsap@gmail.com) or by telephone (416.258.8441).

We are grateful for the contribution and the sharing of knowledge by all presenters. We recognize the time commitment, energy, and passion that go into preparing and delivering your presentation.

Thank you for your submission.

Charmaine McIntosh and June Lam

Conference Co-Chairs

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