



TORONTO
NASAP 2018

COMMUNITY, CONNECTIONS AND
SOCIAL INTEREST IN CHALLENGING TIMES
JUNE 7-10, 2018



Parent Program

Saturday, June 9, 2018

8:00AM-5:30PM

Toronto Chelsea Hotel

66th Annual Conference

Raising Cooperative, Capable, Creative and Resilient Children

The North American Society of Adlerian Psychology (NASAP) invites you to attend a one-day program focusing on parenting and working with children and adolescents. Adlerian parenting practices and principles are based on the concepts of Alfred Adler (1870-1937), Psychiatrist and the Founder of Individual (Adlerian) Psychology. Alfred Adler and Rudolph Dreikurs strongly believe in the growth and development of children where they are encouraged, valued, and raised to be cooperative, resilient, capable and responsible human beings with a sense of belonging. Learn more about using the Adlerian concepts such as mutual respect, equality, goal-directed behaviour, social interest, lifestyle goals, encouragement, and cooperation, in parenting and your work with children.

See the **NASAP** website for more details about the conference and to register. If you have questions, contact NASAP at info@alfredadler.org. We look forward to seeing you on Saturday, June 9th.

Program for the day. To read more about each session and the presenter, visit the **ONSAP** website.

8:00AM-9:00AM	<i>Reaching Out ... Working with Parents of Out-of-Control Teens</i> , Terry Lowe
9:15AM-10:45AM	<i>Adlerian Family Counselling: A Demonstration</i> , Dr. James R. Bitter
11:00AM-12:30PM	<i>Changing My Mind</i> , Margaret Trudeau
12:30PM-1:30PM	Lunch (not included in the cost)
1:30PM-2:30PM	<i>Yes, You Can Have a Great Relationship with Your Teen!</i> , Doone Estey
2:45PM-4:00PM	<i>Raising Kids Who Have the Courage to be Imperfect</i> , Karen Skinulis
4:15PM-5:30PM	<i>Emotional Regulation, Mindfulness and Parenting - It Starts With You</i> , Alyson Schafer

Cost: The cost for the day is \$100 for parents, teachers, early childhood educators, child/youth workers, and parent educators

Venue: Toronto Chelsea Hotel
33 Gerrard Street West, Toronto, Ontario

NOTE: NASAP has a "parity for registration dollars" for Canadian registrants. To get the Discount Code (which gives you 25% off the conference fee) contact NASAP at info@alfredadler.org.

Other sessions that may be of interest during the regular conference program on Friday and Saturday include: **School Mental Health: Promoting Positive Outcomes and Connections for Students Through the Creative Arts**, Nicole Randick and Amy Foell; **Adlerian Parenting for Children with Autism Spectrum Disorder (ASD)**, Ruth Strunz; **Parenting Children with Severe Disabilities**, Timothy Hartshorne; **Future Teachers Learn Adlerian Concepts to Improve Their Teaching and Support the Mental Health of Students**, Jennifer Laffier; **From Kindergarten to Superintendent: The Success of an Adlerian Spirited School-Based Therapy Intervention Model**, Ruth Katz, Cori Hildebrandt; **Using Adlerian Principles to Build School-Community Partnerships on Behalf of Students**, Joyce DeVoss and David Dietz; **Ensuring Our Children Are Glad They Were Born**, Beverley Cathcart-Ross; and **Taking Adlerian Psychology in Schools to the Next Level**, William Nicole

