

WORKSHOP

May 6, 2012

Education & Professional Development Committee



Building Self-Esteem Through Self-Understanding

Adlerian psychology is a psychology of use. Adlerians believe that individuals develop character traits to utilize in meeting the personal and social challenges of living. This didactic and experiential workshop will focus on identifying those individual character traits that contribute to self-esteem, on differentiating three uses of character traits, and on applying these character traits to a current challenge.

TARGET AUDIENCE: Counsellors, Psychotherapists, Teachers, Parents, Parent Educators, Psychologists, Students, Child & Youth Workers, Social Workers, Child Care Workers.

COST:

- **Members: \$25**
- **Non-members: \$35**

HOW TO REGISTER:

1. Go to www.adleriansinontario.ca
2. At the home page, on the left side of the screen, click on **"Events/Workshops"**.
3. Non-Members click "non-member register now"
4. Members go to "member login" (left side of page) to register

AIO, Education & Professional Development Committee provides educational, professional development and networking opportunities related to Adlerian Theory and Practice

DATE: Sunday, May 6, 2012

LOCATION: Holland Bloorview Kids Rehabilitation Hospital
150 Kilgour Road, Toronto, ON

TIME: Registration 12:30
Workshop 1:00 - 4:30

SPEAKER:

DR. WES WINGETT



Wes Wingett, Ph.D., L.M.H.P.

Upcoming Events

| DATE/TIME | SPEAKER | TOPIC | COST |
|-----------------------------|-----------------------------|-----------------------|----------------------------------|
| June 23/12 12:30 to 4:30 | Dr. Dan Dalton | Family Counselling | \$25/members \$35/non-members |
| Oct. 19/12 Oct 20/12 | Parents Night Conference | AIO Conference | TBD |