



Ontario Society of Adlerian Psychology

2nd Annual Walkathon

TRUST ONLY MOVEMENT WALKATHON

Saturday, June 2, 2018

Etobicoke Creek Trail - Brampton

**30 Loafers Lake Lane
(Sandalwood Parkway and Conestoga Drive
at Loafer's Lake Recreation Centre)**

Registration at 8:30AM

Walk Commences at 9:00AM

You can walk 5KM or 10KM

**Participation Fee: \$20.00 (will be waived
if you raise \$100 or more)**

Walking and movement is good for your health!

**This Walkathon takes place in collaboration with the
Walnut Foundation (a men's health support group in
Brampton www.walnutfoundation.com)**

**Contact Information: Charmaine McIntosh
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www.adlerontario.ca

**Proceeds go to advancing Adlerian Psychology in
Ontario through activities and initiatives.**



**"Trust only movement. Life happened at the level
of events, not of words. Trust movement."**

~ Alfred Adler

First Name: _____ Last Name: _____
 Address: _____ City: _____ Province: _____
 Postal Code: _____ Telephone: _____ Email: _____

Sponsor Name	Full Email Address (mandatory for tax receipt)	Telephone	Amount Pledged	Amount Collected	Tax Receipt (Y/N)

This is the first year for this event. The purpose of the event is to encourage individual, couples and families to improve their health and wellness through "Trust Only Movement Walkathon" on the Etobicoke Creek Trail in Brampton. It is also a fun activity to promote Adlerian psychology in the community, build connections and create a funding source to advance Adlerian Psychology in Ontario. Tax receipts will be issued for amounts of \$20.00 and over (with complete email address). CRA Registration Number: 818913717RR0001